

To be Announced . . .

Please notice that our first meeting of 2013 will be held in the WHITESBORO HIGH SCHOOL CAFETERIA on Jan 8, the second Tuesday.

This is being printed too early to confirm a speaker. An email with more information will be sent prior to the meeting.

WEBSITE DRAWING

Each month we pose a question, the answer of which will be found on our website www.mvpcug.com. [Usually on the Newsletter page.]

You have until the day of the next meeting to send in your answer. Type the answer and your name into an email and send it to mvpcug@mvpcug.com. A drawing will be held at the main meeting. You need not be present to enter but will be responsible for picking up your prize if your name is drawn. All members are eligible so send in your entry.

This month's question — What was the company called that Bill Gates and Paul Allen started and how was it spelled in the original contract? On 2 Jan 1975, they offered a version of BASIC to MITS for their *Altair 8800 computer*.

WINTER WEATHER WARNING



When meeting at the school we must be aware that the schools close if there is a snow day declared. WKTV and radio stations generally post closings of area schools. We also send an email and post on our website so if weather is bad, make sure you check one of these.

Tuesday, January 8th — 6 - 8:30 PM
**** WHITESBORO HIGH SCHOOL ****
Meeting Open to the Public - Free



explorer

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The MVPCUG was founded in 1981 by individuals interested in IBM compatible computers. This non-profit organization consists of volunteers whose expertise range from novice to professional.

Regular meetings are held on the first Tuesday of the month at 6pm, usually at the New Hartford Library, 2 Library Lane, New Hartford. A typical agenda consists of discussion of business affairs and a demonstration of computer related products. Meetings are open to the public.

Membership fee for an individual is \$25.

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Meeting Agenda

- 5:30. Meet and Greet
- 6:00. Business Meeting
- 6:30. Program, Part 1
- 7:10. Break
- 7:20. Program, Part 2
- 8:15. Drawing for Prizes
- 8:30. Adjournment

Editorial notes . . .



OK, so I lied. I was hoping to start off the new year using my new computer and Windows7, but was thrown a curve because our printer needed to have this issue by 17 Dec.

Thanks to members who have read my words and offered solutions that I've been able to pass on and now a plea for others to come forth and help another member. Does anyone know what causes an email to have text that scrolls across the page instead of wrapping normally? It must be something in settings, but I use Eudora and couldn't find an answer there. AOL or Verizon users seem to be the ones who have this issue so if you use either one, could you please let me know how to resolve this?

By the time you get this our voting will be over and new officers elected. Please take the time to thank those who have served the club in the past as well as those incoming. An unsung hero is Bo Wozniak, club greeter. He is the friendly guy who gives you a ticket each month and he deserves a great big thank you for his devotion!

Stay connected . . . to the MVPCUG
Mohawk Valley PC User Group, Inc.
\$25 for initial sign-up - or renewal

Name _____
 Address _____
 City _____ NY
 Zip _____ Phone _____
 E-mail _____

Please mail this application with a check payable to MVPCUG to
M V P C U G
PO Box 586
Marcy NY 13403-0586

Minutes of December 4, 2012
—Joe Penabad, Secretary

BUSINESS MEETING

The MVPCUG General Meeting, with 21 members in attendance, was called to order by President Jerry Finkelstein at 6:00 PM in the SAMMON Room of the New Hartford Library on 4 December 2012.

Jerry opened the meeting by reading the proposed budget for 2013. No comments were made and the vote was taken. One vote nay, the rest ayes.

The slate of officers was then presented and no nominations were offered. The vote was unanimous to accept the slate of officers for the coming year.

No one came forth for secretary and Jerry announced that David Hartnett resigned his positions as Director-at-Large and Program Chair. A possible replacement for Program Chair is Vivian Burth.

Bill Gorrell gave the Treasurers report for the period covering 1 Nov to 31 Nov 2012. Details of the report are available from Bill or the secretary.

Several questions were asked. One regarding email. Images that were forwarded can not be opened. Donna suggested that the person forwarding should copy and paste the images as forwarding does not always work.

Dave Askew reported that 34 items of food and 7 toys were donated tonight. Thanks to everyone for participating in this worthy cause.

PROGRAM

Colin Douglass, an instructor at Oneida-Boces spoke about Social Networking. He showed us his page on Facebook and talked about using Skype and YouTube. Instagram is a program used for photo sharing over the Internet. Foursquare is an app that can be used on mobile devices that offers discounts to frequent customers of certain establishments.

One program that he demonstrated was *Collusion*. This allowed him to see trackers when he visited various websites. Not all the trackers are vicious, but it was amazing to see how many accumulated on some sites such as the OD or WKTV. Merely going to those websites brought up a cluster of trackers.

Colin also spoke about safety and security on the Internet. Nothing seems to be private anymore so watch what you do and don't put anything on the web that you wouldn't want someone else to see. People

have been fired after their employers found incriminating photos on Facebook. Didn't matter that those photos were posted by someone else so beware of what you do in public places — or some not too public places for that matter.

DOOR PRIZES

[furnished with club funds]

- 16 GB Flash Drive..... Vivian Burth
- Pens. Stu Culp
- Photo Paper..... Don Pianka
- Copy Paper..... Donna Gorrell
- T-shirt..... Steve Gorrell
- 4 GB Flash Drive..... Bo Wozniak
- 16 GB Micro SD Card..... Rich Lapera

[Donated by Rod St. Clair]

- Copy paper. Jerry Grega

Website Contest Winner

- MVPCUG T-shirt. Bob Angelhow

The meeting adjourned at 8:10 PM.

Respectfully submitted, Donna Gorrell



EDITOR'S NOTE:

In the past month or so we have suffered several blows. David Hartnett resigned his positions as Director-At-Large and Program Chair. The New Hartford Library Board voted to close the library in the evenings. Our printer will be closed for two weeks thus necessitating the newsletter to be finished before many of our problems can be solved.

Jerry Finkelstein has temporarily solved one problem. We will be able to meet at the Whitesboro High School on 8 January 2013 – that is the second Tuesday. However, there have been changes in the cafeteria which most of us will not like.

No programs were scheduled beyond December so the Board is trying to find someone to do the January presentation.

The largest problem is that no one is coming forth to fill the position of Secretary or Program Chair. This is a volunteer organization and each one of us is a part of the club. It is up to you to help in some way – please consider what you can do.

Sites to Visit on the 'Net

— by John Hunter

Post Holiday Depression

It's all over. The food, the presents, the partying, the never ending TV sports event. After all this excess many suffer what psychologists call post holiday depression. If post holiday depression affects you, click on [www.mental-health.helium.com/how-to/12255 how-to-deal-with-post-holiday-depression](http://www.mental-health.helium.com/how-to/12255-how-to-deal-with-post-holiday-depression). This site will give you a fast summary of mental health facts and cures.

This is a common problem felt worldwide. The homepage provides a number of suggestions about dealing with this condition. Activities such as playing music, getting exercise and smiling even when not happy help many individuals cope. Good luck.

New Medical Devices are Wearable

InformationWeek reports that new medical devices now allow patients to wear Bluetooth enabled electronic devices to automatically send data to physicians. One such device is 9 Solutions IPCS which enables tracking of people and equipment. This device may be worn as a necklace or a wrist watch that people can use to call for help in patient care institutions. The device also helps caregivers follow the movement of patients suffering dementia who might wander somewhere. For more information regarding these devices click on www.informationweek.com/healthcare/mobile-wireless/10-wearable-health-tech-devices-to-watch/240012613.

Another Medical Resource

Medical websites provide much useful information for those willing to visit. MedlinePlus is one such site. Visit www.medlineplus.gov and find the latest medical information. At my visit the following links featured articles reporting that "Good Cholesterol" drug doesn't reduce risks in heart patients. This report came from the American Heart Association.

Another link: "Daily Doses of New Probiotic Reduces "Bad" and Total Cholesterol"- helpful information, again, from the American Heart Association. Ain't the web wonderful, especially when you're getting older as I am.

Teacher Data

As a retired educator who is sick and tired of teacher-bashing, the following information substantiates the importance of teachers in the classroom. Click on www.americanprogress.org and

interesting data pops up. In Camden, New Jersey, an urban school system with students of color totaling 99.5% of the district student population, on any day up to 40% of district teachers absent themselves from the classroom.

As one may guess, student performance suffers and has prompted a push for a civil rights investigation. The US Office of Education data confirms that in addition to being very costly to the district in terms of substitute salaries, educational success for students requires consistent teacher presence in classroom.

The causes of this situation remain under investigation, but the importance of classroom teachers is affirmed. While teacher absence constitutes egregious professional behavior, this proves that students don't learn as much with substitutes instead of regular classroom teachers.

Environment Issues

www.recyclebank.com is a company that promotes recycling, reusing and repurposing to reduce the carbon footprint on the planet. The way this works requires a sign-up and then participating in various activities sponsored by many businesses. For example, if Kashi boxes are recycled, 50 points are gained. People earn points by using fewer resources and making greener purchases.

Accrued points may be redeemed for prizes. This is a free promotion and no financial obligations are incurred. Not only is your home generated trash reduced, but you get rewarded for environmental activism. Unlike Kermit the Frog, it can be easy to be green.

More Government Websites

Sign-up for www.USA.gov Blog and receive daily government emails that make life easier and safer. At my visit, the site listed links to the following: A picture of Earth as seen from Mars courtesy of NASA rover Spirit; Disaster Recovery Scams on Victims and Donors. The second link provided a summary of tips to avoid being scammed by unscrupulous people and organizations.

Homeowners present a wonderful opportunity for contractors who take money and run before repairing storm damage. This site is also available on Facebook, Twitter, and Youtube as well as the blog. So, you can be connected by tablet, smartphone and computer.

Until next time . . .



Did You Know . . . — Donna Gorrell

. . . that Word 2010 has some great features? Let's take a look at the Insert Tab on the main menu. The Insert tab contains a variety of powerful tools that help you insert and modify items in your documents.

PAGES: The first Building Block tool is the Cover Page. Not all documents need a cover page; however, if you want one, Word offers more than twenty from which to choose. Just click on the drop down arrow beside the words Cover Page and select one. Also in this group are Blank Page and Page Break. [To insert a blank page using the keyboard press: Ctrl+Enter.]

TABLES: Click on the Table arrow to see a grid of little squares. Run the cursor over these squares, to see a preview of the resulting table in your document. Click to insert the table you see. Also available are the old Insert Table dialog box, Draw Table, insert Excel Spreadsheet and Quick Tables. The Quick Tables are ready-made templates that you can edit after inserting.

ILLUSTRATIONS: This is the fun group. Experiment with the available tools: Picture, Clip Art, Shapes, SmartArt, Chart, and Screenshot. Once you insert something - for instance, a shape - your ribbon will change and offer you more tools for adding effects to the illustration. The only thing you can not do is insert an image into "WordArt" text unless you change the formatting to 2003, but then you will not be able to use the 2010 effects on that object.

LINKS: Choices here are Hyperlink, Bookmark and Cross-reference. Hyperlink inserts web addresses into your document. Click on it and a dialog box allows you to choose the address. The Bookmark tool provides a dialog box for naming any bookmarks you wish to insert and is valuable when working with a lengthy document, but you could also use the basic Find tool to locate specific text. Cross-References help point readers to captions, headings, footnotes, endnotes, statistics, etc., and are automatically updated as you modify content. They only work within a current document; you cannot point to an object in another document.

TEXT: This group includes Text Box, Quick Parts, WordArt, Drop Cap, Signature Line, Date & Time, and Object. Quick Parts inserts objects/things that are used repeatedly, such as the name of a company or an address, into the document. Drop Cap enlarges the beginning letter of a paragraph. [see next column]

Byting Remarks — Jerry Finkelstein

By the time you read this Christmas will be gone and the New Year begun. I hope you all had a grand time buying up, but saving lots of money because of all the holiday discounts, new TV sets, smart phones for everybody in the family, e-readers for the literary-minded who are too old or arthritic to be able to turn real pages, and at least one tablet to show off to relatives and friends. Boy, are you connected!

No mention here of PCs. They haven't gone the way of the dinosaur yet, but compared to just a few years ago there isn't much buzz about them. The new Ultrabooks are getting some notice and there's interesting talk about the all-in-one PC being "sleek . . . stunning . . . futuristic . . . it's sculpture." A lot of attention is paid to its looks. Still, its innards are state-of-the-art, it's fast, and the screens are gorgeous. There's no DVD drive. Apparently, everything is going to be online. Once again, it's all about being connected.

To get this stuff will cost you a lot of money, but think of all the money you save: e-books are cheaper than the hard cover editions, apps for your smart phone or iPad can get you the cheapest price on an item in your neighborhood or online, your GPS can find the quickest way to your destination. You never have to be lost again. Think of it, you don't have to think of it, of anything, again. You are well taken care of. Just make sure your connected. And with all this stuff you bought for Christmas, you are very well connected. ♦

HEADER & FOOTER: Clicking on the Header and Footer drop down arrows offers several templates from which you can choose. The Page Number insert also presents numerous options. After you select one, an editing tool will appear in the ribbon. To get out of the editing tool, click twice. To get back into the editing tool for Header, Footer or Page Number, click twice in the header or footer area. This editing tool can be used to format page numbers.

SYMBOLS: In this group, Equation inserts mathematical symbols into your document and adds an editing tool to the ribbon. Symbol will insert objects like the copyright or trademark symbol into your text. If you ever need to know what any of these tools does, just hold your cursor over it and a pop-up box will appear with a definition. ♦

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Tuesday ♦ January 8 ♦ 6:00 PM ♦ *Whitesboro High School*



| what's.com/ing ~ Get Organized Month ~ January 2013 | | | | | | |
|---|--------|---|-----------|----------|--|----------|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | | 1 | 2 | 3 | 4 | 5 |
| Jan 6 - Epiphany Jan 11 - Amelia Earhart Day Jan 17 - Ben Franklin's birthday | | | | | | |
| 6 | 7 | 8 Monthly General Meeting 6 PM Whitesboro HS | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 Board of Directors Meeting 6:30 PM | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | Jan 20 - Inauguration Day Jan 21 - Martin Luther King, Jr Day | |